

Issue	Organisation	Contact Details
Housing for homeless or acute housing need.	90 Hope Street	01782 279234
Mental Health - Urgent/Emergency support	Access Team	0300 123 0907 opt 1
Age related issues, services for age 50+	Age UK	01782 286209 0800 055 6112
Dementia	Approach	01782 214999
Domestic Violence and Housing support	ARCH	01782 205500
Learning Disabilities and mental health advocacy	Asist	01782 845584
Practical Advice for when someone dies.	Bereavement Advice	0800 634 9494
Bipolar support Group: Quaker Meeting House; Miller St, Newcastle-2 nd Wed of every month-7pm-9pm.	Bipolar UK	0333 323 3880
Assisted independent living/Homelessness	Brighter Futures	01782 406000
Support, advice, information and training	Carers Hub	0330 123 1937
Mental Health -Support groups for recovery	Changes	Adult 01782 413101 Young People 01782 413355
Advice on most matters, including finances and debt	Citizens Advice Bureau	0344 411 1444 01782 201234
Alcohol, Gambling and Drugs for Adults	CDAS	Stoke 01782 283113 North Staffs 01782 662585
Hearing charity	Deaf links	01782 219161
Supporting families with children who have life-limiting conditions	Donna Louise Hospice	01782 654440
Eating disorders NHS - Stafford	Eating Disorders	0300 790 7000
Self-harm support from Brighter Futures	Echo	07500444116
Psychiatric inpatient services	Harplands Hospital	01782 441600
Hearing voices support group - Newcastle	Hearing Voices	03007900237
Cancer support	MacMillan	0808 808 00 00
Emergency Accommodation	Macari Centre	07500771682
Mental Health-Telephone support 7pm-2am week days 2pm to 2am weekends	Mental Health Helpline (Staffs)	0808 800 2234
Mental distress, counselling, befriending, support groups	Mind	01782 262100
Carers of all ages, based in Fenton	North Staffs Carers	01782 793100
Relationships,	RCS, Dudson Centre, Hanley	01782 683050
Blindness - National Charity	RNIB	0303 123 9999
Support to get into emergency accommodation.	Rough Sleepers Team	0800 970 2304
Social Activities	Royal Voluntary Service	01782 917938
Weekend sanctuary	Safe Spaces – Brighter Futures	01782 811815
Christian Support	Saltbox	01782 207200
Homeless Hostel	Salvation Army	01782 832422
Listening service.	Samaritans – Suicidal or Self-Harming	01782 213555/ 116 123 (free number)
Neonatal/stillbirth	Sands	07758518468
Sexual Assault or Violence	Savana, Hanley	01782 433204
HIV and Aids	Staffordshire Buddies	01782 201251
Stroke	Stroke Association	0303 303 3100 / 01782 478324
Children & YP support services only		
Provides a service to Children and YP who have difficulty with emotional or behavioural wellbeing	CAMHS HUB	0300 123 0907 opt 4.
Life Coaching and Mentoring	Ruby Girl UK	07812774632
Offering counselling/support groups to Young people struggling with their mental health	Younger Mind	01782 618803